

WHISKHA

Teen



SPRING 2021 MONDAY 19TH SEPTEMBER - FRIDAY 30TH SEPTEMBER

Monday 19th September

Bead making jewellery, swimming, arts and crafts

Tuesday 20th September

Excursion Bounce Play centre, Possum Hollow playground & scavenger hunt.

Wednesday 21st September

World Gratitude Day- Arts & Crafts -Create gratitude stones and share them with the people you feel thankful for! Swimming in the afternoon.

Thursday 23rd September

Excursion: Chesterfield Farm - fully working farm offers demonstrations, animal petting and tractor rides

Friday 24th September

No Program
PUBLIC HOLIDAY

Monday 26th September

Seeing the Invisible - Botanical Gardens. This international showcase will premiere simultaneously in 12 gardens around the world, and features works by more than a dozen international artists

Tuesday 27th September

In centre music man, singing, dancing, cooking and movie afternoon

Wednesday 28th September

Excursion: Possum Park Scavenger Hunt, swimming @ Watermark

Thursday 29th September

Excursion: Aussie Wildlife - meet our native animals including snakes, lizards, marsupials and more!

Friday 30th September

In centre Sports, meditation and Yoga



REGISTERED
NDIS
PROVIDER

THE Y INCLUSION SERVICES

p: 1300 69 9622 e: info@yinclusion.org.au
w: www.inclusion.ymca.org.au f: fb.me/TheYInclusionServices



WHISKHA *Teen* DAILY ACTIVITIES



Young people are given the opportunity to enjoy and experience the excitement of planned activities, develop skills, interact socially, achieve goals and meet personal challenges in a safe and stimulating environment. A program schedule of activities has been provided as a guide, but will remain flexible according to the needs, abilities and interest of the teens attending on the day.

BOOKING PROCESS

Complete an Enrolment Form found on our website by **Monday 29th August 2022** and return it via:

Email- tracee.vassallo@yinclusion.org.au or

Send- The Y Inclusion Services WhiSKHA Teen Program, Shop 7, 41-53 Miller Street, Epping 3076.

PROGRAM TIMES

Program Opens at 8:30am and closes at 5:00pm

DAILY FEE

\$60.00 per teen, per day.

Cost can be included in the Service Agreement or Invoiced as an out-of-pocket expense.

NDIS hourly fees apply; refer to Service Agreement for details (minimum 7 hrs per day).

LATE PICK UP DETAILS

Any person that requires pick up or drop off times outside of scheduled program times can discuss with Inclusion Services Director to arrange 1:1 support for participant and will have additional NDIS fees applied.

ELIGIBILITY

Participants wishing to enrol in the WhiSKHA Teens program are required to meet the following selection criteria:

- Participant is aged between 12 - 18 years.
- The participant currently holds an NDIS package or funding from other agency
- The participant has low or high support needs
- The participant has up to date medical support plans (if applicable)
- The participant has experienced past or present difficulties/eligibility issues in accessing mainstream holiday programs

PROGRAM / VENUE

Meadowglen Athletics Track Epping

146/156 Mc Donalds road Epping 3076.

WHAT SHOULD MY CHILD BRING?

Participants are encouraged to wear appropriate footwear and clothing according to the weather and activities planned for the day. Please ensure that there are sufficient changes of clothes in your child's bag to last the day.

The Y supports the 'Sun Smart Policy'. It is a requirement that hats are bought each day of the program. Sunscreen will be provided by staff on the day.

Participants are required to bring their own labeled snacks, lunch and drinks. Please ensure that all food or drink brought into the program do not contain any nut products. The NUT FREE policy will be strictly adhered to.

Please note that although we do our best to ensure all belongings are returned home, any property brought onto the program is at own risk. Please ensure your child's name is on all items. No reimbursement will occur if any property is lost, stolen or damaged.

Please refrain from bringing any electronic devices to the program. Any devices that are taken on the program is at risk of being broken, stolen or lost.

Please remember to bring along your Companion Card.

MEDICAL INFORMATION

Please ensure any medication that requires administering throughout the day is also given to the staff- no medication should be left in a teen's bag.

All medication must be supplied in a **webster-pak**. Please discuss any allergies or reactions to certain foods, along with all medical information (i.e. Asthma, Epilepsy or Anaphylaxis) with the Inclusion Services Team.

STAFFING

Experienced and qualified staff supervise and support on a 1:1 or 1:2 ratio based on the child's needs.

Additional support staff can be provided for participants with higher support needs.

EXCURSIONS & INCURSIONS

Excursions are subject to change dependant on conditions on the day. Participants are required to arrive no later than 9:00am, for a 9:30am departure. Participants will return back to the program between 3:30pm-4:00pm.

Incursions will begin at various times.

Max



SPRING 2022: MONDAY 19TH SEPT - FRIDAY 23RD SEPT

Monday 19th September

Movies and Strike Bowling at Melbourne Central

Tuesday 20th September

Seeing the Invisible - Botanical Gardens. This international showcase will premiere simultaneously in 12 gardens around the world, and features works by more than a dozen international artists - Lunch in the Gardens.

Wednesday 21st September

Visit National Gallery of Victoria, Lunch in th city.

Thursday 22nd September

Chesterfield Farm -fully-working farm offers demonstrations, animal petting and tractor rides.

Fiday 23rd September

Royal Melbourne Show - The Melbourne Show is back with a fresh new look, set to be bigger and bolder than ever!

*Lunch is provided each day. Please bring drink bottle and dress in comfortable clothing.



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Max

ADULT PROGRAM DAILY ACTIVITIES

Maximise your experiences with MAX. Come and enjoy something different with these programs offering a large variety of new experiences that meet individuals needs and interests. Meet new people and have some fun!



WHO CAN JOIN THE MAX HOLIDAY PROGRAM

MAX Program provides centre and community based activities for adults ages 18+ with additional needs, who have an NDIS package.

WHAT TO BRING?

- Comfortable clothing suitable for outdoor activities and appropriate footwear
- Drink Bottle
- Any chances of clothes that might be required - a raincoat in case of wet weather
- Companion Card/ Pension Card
- Swim wear when appropriate
- Personal items - Anything lost or damaged during the activity is at participant's own risk
- Any medication that requires administering, as identified on your personal information form

All medication must be supplied in a webster-pak. Please discuss any allergies or reactions to certain foods, along with all medical information (ie. Asthma, Epilepsy or Anaphylaxis) with the Inclusion Services Team.

DAILY FEE

\$60.00 per teen, per day.

Cost can be included in the Service Agreement or Invoiced as an out-of-pocket expense.

NDIS hourly fees apply; refer to Service Agreement for details (minimum 7 hrs per day).

REFUNDS

We are unable to provide refunds for non attendance once a booking has been processed. Please choose your required days of enrolment carefully.

LATE PICK UP DETAILS

Any person that is picked up or dropped off outside of program times will have additional NDIS fees applied while staff are required to continue support.

YMCA WHITTLESEA INCLUSION SERVICES STAFF

Our staff are well trained and very experienced in working with people with a range of physical, cognitive and sensory abilities as well as behavioral needs. The program is funded to provide a ratio of 2 staff members to every 6 participants.

Our staff are committed to supporting participants to achieve their goals, gain confidence and create social networks with peers. We deliver individualised support to make sure each person gets the most out of every activity.

HOW TO MAKE A BOOKING?

Step 1: Complete an Enrolment Form found on our website by **Monday 29th August 2022** and return it via:

Email- tracee.vassallo@yinclusion.org.au or

Send- The Y Inclusion Services MAX Program, Shop 7, 41-53 Miller Street, Epping 3076.

Step 2: Confirmation of enrolment will be provided prior to program commencing

Time: 9:00am to 5:00pm

Meet: Y-Space 41 Miller Street Epping 3076



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WHISKHA Child



SPRING 2022 MONDAY 19TH SEPTEMBER - FRIDAY 30TH SEPTEMBER

Monday 19th September

Ten Pin Bowling, lunch at All Abilities Playground

Tuesday 20th September

Arts crafts -Create gratitude stones and share them with the people you feel thankful for! Swimming in the afternoon.

Wednesday 21st September

Excursion- Bounce Play centre, Possum Hollow playground and scavenger hunt

Thursday 22nd September

Excursion- Chesterfield Farm - fully working farm offers demonstrations, animal petting and tractor rides

Friday 23rd September

Excursion- Williamstown Beach, make sand castles, collect shells, swimming (if its warm) and lunch

Monday 26th September

Bead making jewellery, swimming, arts and crafts

Tuesday 27th September

In centre music man, singing, dancing, cooking and movie afternoon

Wednesday 28th September

Seeing the Invisible - Botanical Gardens. This international showcase will premiere simultaneously in 12 gardens around the world, and features works by more than a dozen international artists

Thursday 29th September

Incursion: Aussie Wildlife - meet our native animals including snakes, lizards, marsupials and more!

Friday 30th September

In centre Sports, meditation and Yoga



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WHISKHA *Child*

DAILY ACTIVITIES



Children are given the opportunity to enjoy and experience the excitement of planned activities, develop skills, interact socially, achieve goals and meet personal challenges in a safe and stimulating environment. A program schedule of activities has been provided as a guide, but will remain flexible according to the needs, abilities and interest of the children attending on the day.

BOOKING PROCESS

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Email- tracee.vassallo@yinclusion.org.au or

Send- The Y Inclusion Services WhiSKHA Child Program, Shop 7, 41-53 Miller Street, Epping 3076.

PROGRAM TIMES

Program Opens at 8:30am and closes at 5:00pm

DAILY FEE

\$60.00 per child, per day.

Cost can be included in the Service Agreement or Invoiced as an out-of-pocket expense.

NDIS hourly fees apply; refer to Service Agreement for details (minimum 7 hrs per day).

LATE PICK UP DETAILS

Any person that requires pick up or drop off times outside of scheduled program times can discuss with Inclusion Services Director to arrange 1:1 support for participant and will have additional NDIS fees applied.

ELIGIBILITY

Participants wishing to enrol in the WhiSKHA Child program are required to meet the following selection criteria:

- Is aged between 5 and 12 years
- The participant currently holds an NDIS package or funding from other agency
- The participant has low or high support needs
- The participant has up to date medical support plans (if applicable)
- The participant has experienced past or present difficulties eligibility issues in accessing mainstream holiday programs

PROGRAM / VENUE

The WhiSKHA Child Program will be held at Mill Park Baptist Church. 11 Morang Drive, Mill Park Victoria 3082.

WHAT SHOULD MY CHILD BRING?

Children are encouraged to wear appropriate footwear and clothing according to the weather and activities planned for the day. Please ensure that there are sufficient changes of clothes in your child's bag to last the day.

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STAFFING

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EXCURSIONS & INCURSIONS

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