

WHISKHA Teen and Young Adults

WINTER HOLIDAY ACTIVITIES

NEW
LOCATION

A fun, supportive and safe holiday program for teen and young adults that develops friendships and explores new interests and activities.

For more information email: info@yinclusion.org.au



Inclusion



Excursion

Scan to book



MONDAY 1ST TO FRIDAY 12TH JULY 2024

MON 1 JUL



Sensory day

Make some fun sensory items to take home.

Swimming

Swimming at Mill Park Leisure Centre.

TUE 2 JUL



IMAX

INSIDE OUT 2 3D will be presented in IMAX 4K LASER DIGITAL.

Lunch at Melbourne Botanical Gardens.

WED 3 JUL



Music Therapy

Music therapy with Music man. Grab an instrument, sing and dance to your favourite songs with your friends on program.

THUR 4 JUL



Fitzroy gardens outdoor adventure challenge

Collect your map and then head off on their hunt to answer 12 questions around the gardens.

FRI 5 JUL



Friendship Friday

Get to know you Bingo, make friendship bracelets.

Swimming

Swimming at Mill Park Leisure Centre.

MON 8 JUL



Magic Monday

Get your magician hat on! Fun activities and learn some magic tricks to amaze your family and friends.

TUE 9 JUL



Shrine of remembrance

Explore both indoor and outdoor areas of the Shrine on a guided tour and choose from four activities. Solve the mysteries, scavenger hunt, Explorer kit or walk the trail with Duffy the Donkey

WED 10 JUL



Bunnings instore activity

Get your green thumb working - decorate and plant a pot to take home.

Swimming

Swimming at Mill Park leisure centre.

THUR 11 JUL



Arts and Crafts

Nature walk to collect leaves, flowers and rocks for an afternoon of leaf printing, rock painting and winter craft activities.

FRI 12 JUL



Sports Day

End of program, sports Day, activities and coordination challenges with lunch at All abilities Park

THE Y INCLUSION SERVICES

Plenty Valley Westfield, 415 McDonalds Road, Mill Park 3082
p: 1300 69 9622 e: info@yinclusion.org.au
w: www.inclusion.ymca.org.au f: fb.me/TheYInclusionServices



REGISTERED
NDIS
PROVIDER



WHISKHA *Teen and Young Adults*

WINTER HOLIDAY ACTIVITIES



Young people are given the opportunity to enjoy and experience the excitement of planned activities, develop skills, interact socially, achieve goals and meet personal challenges in a safe and stimulating environment.

A program schedule of activities has been provided as a guide, but will remain flexible according to the needs, abilities and interest of the participants attending on the day.

Booking Process

Complete an Enrolment Form found on our website by **Monday 3rd June 2024** or return to:

Email: holidayprogram@yinclusion.org.au or

Send: The Y Inclusion Services WhiSKHA Program,
PO Box 375, South Morang 3752, VIC.

Program times

Program Opens at 8:30am and closes at 5:00pm.

Daily Fee

\$70.00 per teen and young adult, per day.

Cost can be included in the Service Agreement or Invoiced as an out-of-pocket expense.

NDIS hourly fees apply; refer to Service Agreement for details (minimum 7.5 hrs per day; but onwards for additional hour if required)

Late pick up details

Any person that requires pick up or drop off times outside of scheduled program times can discuss with Program Coordinator to arrange 1:1 support for participant and will have additional NDIS fees applied.

Eligibility

Participants wishing to enrol in the WhiSKHA Teen and young adult program are required to meet the following selection criteria:

- Participant is aged between 13-24 years
- The participant currently holds an NDIS package or funding from other agency
- The participant has additional support needs
- The participant has up to date medical support plans (if applicable)
- The participant has experienced past or present difficulties/eligibility issues in accessing mainstream holiday programs.

Program / Venue

Y Community School, 41 - 45 Miller Street, Epping.

*Program entrance next to the front door of
Y Leisure City near the rear carpark.*



What should my child bring?

Participants are encouraged to wear appropriate footwear and clothing according to the weather and activities planned for the day. Please ensure that there are sufficient changes of clothes to last the day.

The Y supports the 'Sun Smart Policy'. It is a requirement that hats are bought each day of the program. Sunscreen will be provided by staff on the day.

Participants are required to bring their own labeled snacks, lunch and drinks. Please ensure that all food or drink bought into the program do not contain any nut products. The NUT FREE policy will be strictly adhered to.

Please note that although we do our best to ensure all belongings are returned home, any property brought onto the program is at own risk. Please ensure your child's name is on all items. No reimbursement will occur if any property is lost, stolen or damaged.

Please refrain from bringing any electronic devices to the program. The Y is not liable for any devices that are taken on the program is at risk of being broken, stolen or lost.

Please remember to bring along your Companion Card.

Swimming is an adhoc activity for when plans change last minute due to weather or other factors. Please bring swimmers towel and change of clothes each day.

Medical Information

Please ensure any medication that requires administering throughout the day is also given to the staff-no medication should be left in a person bag.

All medication must be supplied in a webster-pak. Please discuss any allergies or reactions to certain foods, along with all medical information (i.e. Asthma, Epilepsy or Anaphylaxis) with the Inclusion Services Team.

Staffing

Experienced and qualified staff supervise and support on a 1:1 ratio or 1:2 ratio.

Additional support staff may be arranged for participants with higher support needs.

Excursions & Incursions

Excursions are subject to change dependant on conditions on the day. Participants are required to arrive no later than 9:00am, for a 9:30am departure. Participants will return back to the program between 3:30pm-4:00pm.

Incursions will begin at various times.