

WHISKHA Teen and Young Adults

AUTUMN SCHOOL HOLIDAY ACTIVITIES

A fun, supportive and safe holiday program for teen and young adults that develops friendships and explores new interests and activities.

For more information email: info@yinclusion.org.au



Inclusion



Excursion

Scan to book



TUESDAY 2ND TO FRIDAY 12TH APRIL 2024

MON 1 APR



Public Holiday

TUE 2 APR



Easter Craft

Pick your favourite colour and dye some eggs, make an Easter basket and go for an easter egg hunt.

Swimming

Swimming in the afternoon.

WED 3 APR



Healesville Sanctuary

Explore 70 acres of bushland and experience close-up encounters with Australian wildlife.

THUR 4 APR



Dancing Day

Music Therapy, Music Man, The Y's Talent show/Disco

FRI 5 APR



Movie Day

Movie at Epping Cinema - to be advised

Afternoon of **Ten Pin Bowling**

MON 8 APR



Possum Park

Fun and educational Scavenger Hunt at Possum Park

Swimming

Swimming in the afternoon.

TUE 9 APR



Cooking and Games

Cooking snacks and board games Olympics.

WED 10 APR



Edendale Farm Eltham and Diamond Valley Railway

Feed the animals at Edendale farm Eltham before heading to Diamond Valley Railway to ride the miniature trains and enjoy the park.

THUR 11 APR



Arts and Crafts

Nature Walk to collect leaves for an afternoon of Arts and Crafts

FRI 12 APR



Active Day

Full of fun with bootcamp on the big screen, racing challenges, sports activities

THE Y INCLUSION SERVICES

Plenty Valley Westfield, 415 McDonalds Road, Mill Park 3082
p: 1300 69 9622 e: info@yinclusion.org.au
w: www.inclusion.ymca.org.au f: fb.me/TheYInclusionServices



REGISTERED
NDIS
PROVIDER



WHISKHA *Teen and Young Adults*

AUTUMN SCHOOL HOLIDAY ACTIVITIES



Young people are given the opportunity to enjoy and experience the excitement of planned activities, develop skills, interact socially, achieve goals and meet personal challenges in a safe and stimulating environment. A program schedule of activities has been provided as a guide, but will remain flexible according to the needs, abilities and interest of the participants attending on the day.

Booking Process

Complete an Enrolment Form found on our website by **Friday 15th March 2024** or return to:

Email: holidayprogram@yinclusion.org.au or

Send: The Y Inclusion Services WhiSKHA Program, PO Box 375, South Morang 3752, VIC.

Program times

Program Opens at 8:30am and closes at 5:00pm.

Daily Fee

\$70.00 per teen and young adult, per day.

Cost can be included in the Service Agreement or Invoiced as an out-of-pocket expense.

NDIS hourly fees apply; refer to Service Agreement for details (minimum 7.5 hrs per day; but option for additional hour if required)

Late pick up details

Any person that requires pick up or drop off times outside of scheduled program times can discuss with Program Coordinator to arrange 1:1 support for participant and will have additional NDIS fees applied.

Eligibility

Participants wishing to enrol in the WhiSKHA Teen and young adult program are required to meet the following selection criteria:

- Participant is aged between 13-24 years
- The participant currently holds an NDIS package or funding from other agency
- The participant has additional support needs
- The participant has up to date medical support plans (if applicable)
- The participant has experienced past or present difficulties/eligibility issues in accessing mainstream holiday programs.

Program / Venue

Meadowglen International Athletics Stadium
146 - 156 McDonalds Road, Epping Victoria 3076

What should my child bring?

Participants are encouraged to wear appropriate footwear and clothing according to the weather and activities planned for the day. Please ensure that there are sufficient changes of clothes to last the day.

The Y supports the 'Sun Smart Policy'. It is a requirement that hats are bought each day of the program. Sunscreen will be provided by staff on the day.

Participants are required to bring their own labeled snacks, lunch and drinks. Please ensure that all food or drink bought into the program do not contain any nut products. The NUT FREE policy will be strictly adhered to.

Please note that although we do our best to ensure all belongings are returned home, any property brought onto the program is at own risk. Please ensure your child's name is on all items. No reimbursement will occur if any property is lost, stolen or damaged.

Please refrain from bringing any electronic devices to the program. The Y is not liable for any devices that are taken on the program is at risk of being broken, stolen or lost.

Please remember to bring along your Companion Card.

Swimming is an adhoc activity for when plans change last minute due to weather or other factors. Please bring swimmers towel and change of clothes each day.

Medical Information

Please ensure any medication that requires administering throughout the day is also given to the staff-no medication should be left in a person bag.

All medication must be supplied in a webster-pak. Please discuss any allergies or reactions to certain foods, along with all medical information (i.e. Asthma, Epilepsy or Anaphylaxis) with the Inclusion Services Team.

Staffing

Experienced and qualified staff supervise and support on a 1:1 ratio or 1:2 ratio.

Additional support staff may be arranged for participants with higher support needs.

Excursions & Incursions

Excursions are subject to change dependant on conditions on the day. Participants are required to arrive no later than 9:00am, for a 9:30am departure. Participants will return back to the program between 3:30pm-4:00pm.

Incursions will begin at various times.