

# What support ratio do you require while on camp?

Our programs that run year-round include overnight, weekend, school holiday, retreats and small group camps. We provide young people living with disability the opportunity to experience the social and developmental benefits of adventure-based activities. Each camp caters for different support levels.

This information is a **guide only** to assist you in thinking about what support ratio you require while on camp. We are able to cater for all different support ratios. Please speak with us about your specific needs to ensure we know as much as possible about your needs.

Contact one of our camping coordinators for more information on **1300 699 622**.

## 1:1 SUPPORT RATIO

- Participants who use a manual or electric wheelchair and need assistance.
- Needs full assistance with personal care such as showering, toileting and brushing teeth and full assistance with dressing.
- Has special requirements during meal times and needs assistance to eat.
- Requires full assistance and constant supervision in the community.
- May display behaviours of concern.
- May have limited social skills.

## 1:2 SUPPORT RATIO

- Requires prompting or some assistance with showering, toileting and brushing teeth.
- May require prompting to pick appropriate clothes and get ready for the day.
- May need supervision or help eating or using cutlery.
- May need staff to look after spending money and help with daily living choices.
- Requires closer supervision in the community and on outings. May display some mild to moderate behaviours of concern.

## 1:3 SUPPORT RATIO

- A person who is independent in all areas of personal care including toileting, showering and brushing teeth (may just require some assistance or prompting).
- Can eat independently, make drinks for themselves and has good communication/ social skills.
- Understands road rules, social settings and can stay with the group on outings.

## 1:5 SUPPORT RATIO

- You are independent in your personal care, showering, toileting and grooming.
- You are independent at mealtimes and know to avoid foods that you are intolerant to.
- You can follow instruction from Leaders.
- You have an understanding of road safety and will stay with a group when out in the community.
- You can communicate your preferences clearly and have good social skills and awareness.